



Dress Code & FAQ's

Dress Code:

Ballet, Pointe, Variations Classes: Ladies -Pink tights, any color/style leotard, pink ballet slippers, pink pointe shoes (if applicable); hair must be secured neatly into a bun (Summer Intensive students may wear black tights or unitards if they wish)

Men-black tights, white t-shirt or white leotard, black or white ballet slippers

Contemporary, Improv, Modern Repertoire Classes: Any color leotard and tights (men: fitted shirt); hair must be secured into a bun (some instructors may permit a neat pony tail); barefoot (some instructors will permit foot thongs or ballet slippers)

Jazz Classes: Any color/style leotard, black tights or jazz pants (men: black jazz pants, fitted shirt), Capezio FreeForms or a suede sole jazz shoe (rubber sole shoes do not allow for adequate turning on a marley floor); hair secured in a neat pony tail or bun

Frequently Asked Questions:

**Dancers not on Pointe may still take Pointe classes. Pointe is classical ballet technique where the same principles from technique class are enforced and strengthened*

**Men will have Men's technique and/or Men's Variations substituted for some Pointe and Variations classes*

**"Variation" is the Ballet World name for "solo." Variations use traditional choreography from famous ballets (i.e. Sleeping Beauty, Giselle, etc.) and put ballet class work into practical use.*

**"Repertoire" is the Contemporary version of ballet Variations. Repertoire may/may not be performed as a solo.*

**Lectures: each Guest Faculty member will share their background and take questions from the students and/or offer advice. A Physical Therapist will also lead an injury prevention/treatment discussion.*

**"Improv" stands for Improvisation. This is an important component of modern dance in which dancers explore their own movements based on cues and images from the instructor.*

**The Pointe Shoe Consult is a time when the faculty will look at each dancer in her pointe shoes and give recommendations on breaking-in the shoe, shoe fit, specifications to try, etc.*

**The Studio Showcase/Viewing is a time when parents and friends will be allowed to be in the studio to watch the dancers perform the repertoire, variations, and several class concepts that they worked on throughout the course of the Summer Intensive.*

**Boarding Students in the Jr. Intensive will attend Summer Intensive Group 2 classes in the afternoons and on Saturday.*

Day Students **may be eligible to take Group 2 classes in the afternoon. This is at the discretion of the Directors. Space is limited; students will be placed on first-come, first-serve waiting list. Jr. Intensive dancers will participate in the Jr. Intensive Studio Viewing only. Afternoon classes for Jr. Intensive dancers are \$20 each.*

**The Guest Artists will determine your program/group. This will be based on each dancer's Ballet Placement class on the first day. It is possible to be in two different groups for ballet and contemporary. If you are not attending the first day, your class placement will be at the discretion of the Directors. Any changes in program placement/tuition will be handled on the 2nd day of classes.*

Items To Bring With You To The Studio:

Water Bottle

Towel (for stretching/exercises on the floor)

Notebook and Pen (for corrections, choreography, and lectures)

Warm Ups/Cover Ups (for in between classes, lunch break, etc.)

Band Aids (for blisters, etc.)

t-shirt (sometimes needed for floor work)

A Spare Leotard & Tights (for emergencies)

Toenail clippers

A Positive Attitude!